

# Working conditions in obstetric and neonatal care during COVID-19

- lessons learned

KAROLINA LINDÉN, PHD

#### Secure access to care

- Care can not be refrained
- No other facilities or health care providers who can assist during birth or care for severely ill neonates
- High levels of sickness absence
- Uncertainty about best practice





#### Sahlgrenska University Hospital 10 000 births per year

- COVID-19 survey
  - September 2020 n= 382, 35% response rate
- Pre-COVID-19 employee survey
  - October 2019
  - n=660, 75% response rate

#### **Demographics**

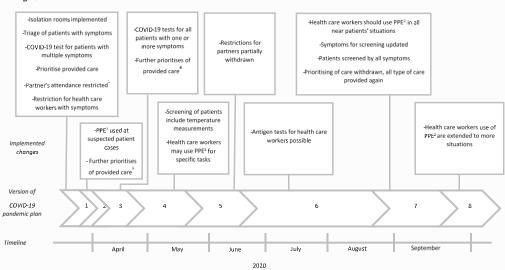
- women (92%, n=350)
- < 30, 10% (n=40)
- 30 -39, 23% (n=88)
- 40 49, 23% (n=87)
- 50 59, 27% (n=104)
- > 60, 16% (n=63)
- physicians 7% (n=27)
- midwives, 25% (n=96)
- registered nurses, 21% (n=82)
- assistant nurses 30% (n=113)
- administrators and other occupations, 17% (n=64)





#### Document analysis of organisational changes

#### 1 Figure 1



Partners only allowed at delivery. PPE=Personal protection equipment



#### Results

- 62% Cared for COVID-19 infected patients (n=238)
- 20% Had been transferred to another ward (n=54)
- Strong worry for being infected

```
several times a day 9% (n=33 daily 19% (n=71) occasionally 23% (n=87) rarely 23% (n=121) never 17% (n=63)
```

88% had access to enough PPE while working with COVID-19 infected patients (n=249)

## 80 **2019** 2020 70 Percentage respondents reporting (strongly disagree or diasgree) negative responses 50

#### **Changes during the pandemic**



- Being transferred to another workplace did not affect the perception of working conditions
- Caring for COVID-19 infected patients and having a strong worry for being infected had a negative effect of their perception of their working conditions and possibility for recovery

 Not having access to sufficient PPE when caring for COVID-19 infected patients reported less emotional support and to a lesser extent considered that their skills and abilities were used in the right way



• Employees between 30-39 and 40-49 reported worse working conditions compared to the other groups

### **Experiences of safety and security**

Under-use of PPE

- No standardisation of routines
  - especially between the obstetric and neonatal departments









#### **Emotional responses**

- Increased working morale
- **Emotionally drained**
- Fear of making fatal misstakes

#### Physical work environment

Insufficient number of isolation rooms

Frustrations that there was not enough infastructure in place



#### Possibility for recovery and rest

- Lack of recovery between shifts
- Longer shifts
- Shortened summer vacation



#### Organisational work environment



Unfair economic compensation



Rapid changes in work routines



Difficulties to access information

#### Take home message

- Create a work climate that acknowledge and handle employee worry
- Routines needs to be standardised between departments
- Secure adequate pre-conditions for managers
- Develop infrastructure physical and informational

#### **Co-authors**

- Magnus Åkerström
- Ylva Carlsson
- Verena Sengpiel
- Malin Veje
- Anders Elfvin
- Ingibjörg H. Jonsdottir
- Alessio Degl'Innocenti
- Linda Åhlström
- Helle Wijk





karolina.linden@gu.se