

NFOG Specialist Course 2010

Polycystic Ovary Syndrome Through Life

November 17th – 18th 2010

Hotel Park Inn, Copenhagen

Course fee 250 €

The Educational Committee of NFOG hereby invites you to the NFOG Specialist Course on **Polycystic Ovary Syndrome Through Life**. The course will deal with aspects of PCOS related to different ages and endocrine states of a woman's life. Nordic and international top speakers with active research in this area will participate. The course is the second *NFOG Specialist Courses*, planned to run each year with different topics, and aimed at OBGYN specialists. However, trainees are more than welcome to participate as well.

Below you find the preliminary program, with all the confirmed speakers. However, minor changes may occur later. A final announcement with information about registration, accommodation etc. will be published later during the spring. Look out for the announcement at the NFOG web-site, the web-site of your national society or national bulletin and make sure to register in time. The number of participants is limited due to the facilities.

Marie Bixo and Eszter Vanky
NFOG Educational Committee

Course program (10 minutes for questions and discussion is included in each presentation)

Wednesday 17th of November

11.30 – 13.00 REGISTRATION, LUNCH

13.00 – 13.05 Welcome and introduction

President of NFOG

Session 1 Prenatal and early development and treatment of PCOS

13.05 – 13.35 Intrauterine environment and PCOS

Sven M. Carlsen Professor MD (N)

13.35 – 14.20 Early development & pubertal prevention of PCOS

Francis de Zegher Professor MD (B)

14.20 – 14.50 Treatment of PCOS in adolescence

Lourdes Ibanez MD, PhD (E)

14.50 -15.20 COFFEE

Session 2 PCOS, pregnancy and metformin

15.20 – 16.00 Metformin and ART in PCOS: A RCT

Sigrun Kjøltrød, MD PhD (N)

16.00 – 16.35 Metformin in early pregnancy and abortions

Laure Morin-Papunen, MD PhD (SF)

16.35 – 17.10 Metformin and pregnancy outcome in PCOS

Eszter Vanky, MD PhD (N)

17.10 – 18.00 Panel discussion and questions

19.00 DINNER

Thursday 18th of November

Session 3 PCOS in the adult woman

08.30 – 08.50 PCOS, obesity in the young adult

Ditte Trolle MD PhD (DK)

08.50 – 09.20 Metformin: When and to whom?

Ditte Trolle MD PhD(DK)

09.20 – 09.40 Diet and lifestyle

Angelica Linden-Hirschberg MD Professor (S)

09.40 – 10.10 Are there any benefits of PCOS?

Angelica Linden-Hirschberg MD Professor (S)

10.10 – 10.30 COFFEE

Session 4 Quality of life – later in life

10.30 – 11.10 Quality of life in PCOS

Georgina Jones, Psychologist, PhD (UK)

11.10 – 11.50 Cardiovascular risk factors

Harpal Randeva MD Professor (UK)

11.50 – 12.30 Diabetes and PCOS

Sven M. Carlsen MD Professor (N)

12.30 – 13.15 Panel discussion and questions

13.15 LUNCH